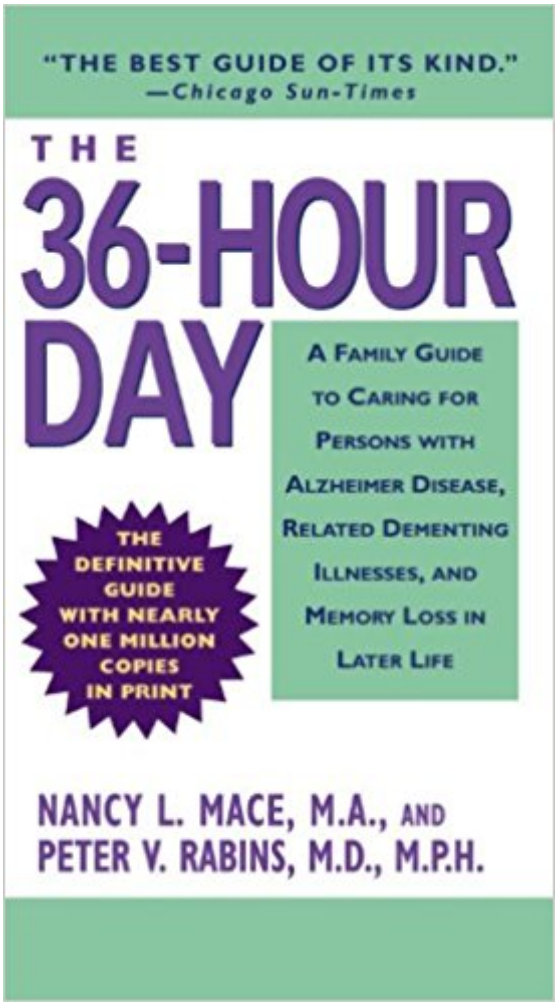
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The 36-Hour Day: A Family Guide To Caring For Persons With Alzheimer Disease, Related Dementing Illnesses, And Memory Loss In Later Life (3rd Edition)




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Synopsis

This classic family guide to caring for persons with Alzheimer’s disease, related dementia, and memory loss in later life is now available in this user-friendly, oversized mass market edition. Reissue.

Book Information

Mass Market Paperback: 624 pages

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Average Customer Review: 4.7 out of 5 stars 357 customer reviews

Best Sellers Rank: #1,071,207 in Books (See Top 100 in Books) #89 inÃ Â Books > Medical Books > Medicine > Home Care #431 inÃ Â Books > Medical Books > Medicine > Internal Medicine > Geriatrics #493 inÃ Â Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Alzheimer’s Disease

Customer Reviews

Nancy L. Mace, M.A., now retired, was a consultant to, and a member of, the board of directors of the Alzheimer Association and an assistant in psychiatry as coordinator of the T. Rowe and Eleanor Price Teaching Service of the Department of Psychiatry and Behavioral Sciences at the Johns Hopkins University School of Medicine.Peter V. Rabins, M.D., M.P.H., is a professor of psychiatry, with joint appointments in medicine, mental hygiene and health policy and management, director of the geriatric neuropsychiatry section, and director of the T. Rowe and Eleanor Price Teaching Service of the Department of Psychiatry and Behavioral Sciences at the Johns Hopkins University School of Medicine.PROFESSIONAL ENDORSMENT: THE 36-HOUR DAY is endorsed by the Alzheimer Disease And Related Disorders Association Of America

The book is informative, explicit for people who know nothing about mental health and diseases of the mind. Good for the lay person, the afflicted person, all of the family. Gives insight and helps with understanding care of the patient, and the grief involved for those around the patient. Good reference--I will be using it in a church group setting also.

My Mom has alzeheimers, I didn’t think anyone was going through what I was until I read this book, It made me feel like I wasnt alone in this... Alzeheimers is a horrible disease, taking care of someone who has it rips your heart out... This book will help you deal with the everday’s of taking care of someone... I recommend it to anyone who is going through this...

If you are living with or caring for anyone with memory loss, you owe it to them and to yourself to be aware of how to communicate, live with and be kind to them and yourself. I personally have had three people in my life with whom I either lived or cared for them in their homes. I only had this book for two of those three people and, I believe with all my heart, it helped me to be a better care taker for them. Patience is critical for the patient and well being is critical for the care giver. I’m not a professional care giver, just a daughter and a daughter-in-law who found myself in a position of caring for loved ones who needed help. Care givers also need help and this book tells it like it is.This book helped me to identify when my mother started having problems with her memory; things that I thought were mood swings or behavior issues but were actually the onset of memory loss. This book taught me how to care for my loved ones and myself. It showed me what I needed to do to make changes in living arrangements and gave me guidelines to financial issues.We all need help sometime and this book is a great one for just that reason. This book taught me that I could not do it alone and to seek out and ask for help for my loved one(s) and myself.

This book changed my life. When Dad was diagnosed with Alzheimers, my 4 sisters and I were faced with the daunting task of trying to understand and prepare for what was ahead. What is so amazing is how many "pre-conceived notions" there are about this disease that influence our decisions and behaviors. The media, friends who have been in this situation and just our own distorted perceptions all play a roll.What a difference it has made to get a grasp on my dad’s "reality". We have been able to avoid so many of the troublesome behaviors that are sometimes exhibited by Alzheimers sufferers, just be behaving properly, ourselves.Who knew that the way we speak to and approach someone with this disease could make such a difference in the way they behave and react.If you are facing this mind-boggling life situation, do yourself a favor...get this book, read it cover to cover, read it again and then insist that everyone who is a caregiver or has contact with your Alzheimers patient read it too. It will make a huge difference!

This book helped me remain sane while I took care of my darling husband, as he suffered from

Alzheimer's disease and passed away from this horrid disease. You use as a referanc guide. having a problem with patient? Go to the index, look up your problem and turn to the correct page and do what the book says. Simple, EZ and wondeeful bookThank hyou to the authors and all of their research and tips for thr caregivers. God bless them !!Buy this book for your friends who you see going through this problem, even though the friends can't see it.

If you have a family member or friend that is showing signs of dimentia, you owe it to yourself to read this book. It's not easy to read, because the subject is a hard one if you are exposed to someone with diminishing mental functions, but that's not the books fault. I have read about 40% of it, and have already learned more than I have in all of my other research on the Internet and in reading a couple of other books and talking to many people. It's well written, the language is easy to read (even if the subject matter is difficult to face), and it provides factual information that is entirely relevant. There is a chapter that explains many of the behavior changes you may face, with excellent suggestions on how to deal with each of them. Most sound like common sense once you read them, some are counterintuitive, but I believe all are more effective than what I had been doing. Knowing the most loving responses to a situation doesn't always give you the ability to implement them in the moment, but knowing is better than ignorance. Parts of this book are worth reading a few times, as you learn and try things and come back and review what's working and what isn't in re-reading the key parts of the book. I highly recommend the book.

This book saved my sanity! My dad has Alzheimers/Dementia and it has been progressing for 4 years. I work in the medical field and a patient and I were talking about my dad and she recommended this book to me as a must read. I did and sent copies to my brother, sister and aunt who were helping care for my dad. We placed my dad in an assisted living/memory care facility before he completely lost his memory. As a result of this, he feels at home there. He knows his caregivers, other patients and his small studio apartment is his home. He doesn't miss meal time, exercise time or activities planned for him. Had I not read this book and realized what was happening to my dad, I believe he would not be here today. Highly recommend this book to anyone who is trying to live with or help someone with the beginnings of dementia, sun downers, or alzheimers.

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wants Memory Improvement

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